



Survival Guide – Bordeaux BEST Course in Summer 2025

Our team is delighted to provide you this survival guide where you will find everything you need to know about how to come and what to enjoy in Bordeaux !

Our campus is one of the eight French campuses of Arts et Métiers, Located in Bordeaux, a vibrant hub of innovation and industry, our campus plays a key role in the modernization of manufacturing technologies, particularly in the field of 3D printing and additive manufacturing.



But Bordeaux is much more than just a center of technological advancement. The city is famous for its stunning 18th-century architecture, lively atmosphere, and deep-rooted wine culture. A place where tradition meets innovation, Bordeaux offers a unique blend of history and modernity, making it the perfect setting for learning, discovery, and unforgettable experiences.



Join us and immerse yourself in this exceptional environment, where **technology, culture, and the art of living** come together for an unforgettable adventure!

How to get here?

The dorms are next to our university and the address is: Esplanade des Arts et Métiers, 33400 Talence, France

By plane: Either you can fly directly to Bordeaux Airport and then use public transport to get to our university or you can fly to a Parisian airport and then buy a bus or train ticket to join Bordeaux (2h30 approximately). Be aware that Beauvais airport is not in Paris but 1h15 away from Paris in train.

By train: The main train station of Bordeaux is named Gare Saint-Jean. Once you reached it, you can join our university by using public transport.

Useful pieces of information

Electrical outlet :



In France, the currency is euros €. You can pay almost everywhere with your credit card, but we advise you to take some spare cash with you.

French baguette ~1€

Beer (0,25l) ~5 to 7€

MacDonald's meal ~10€

Pack of cigarettes ~10€ / Wine (0,75l) ~5€



Top 10 things should not forget to bring with you!

Valid ID or Passport

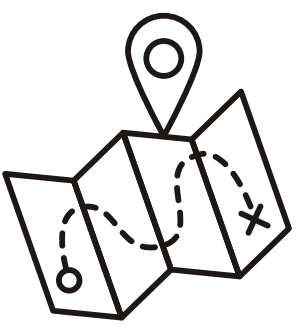
Valid Travel/Medical Insurance

ISIC or your university's student card. It can be helpful.

Some warm clothes, an umbrella (we never know [smiley]), a windbreaker.

A sleeping bag

A swimsuit (we are not so far from the ocean) and the Dune of Pila too 😊



Personal hygiene items and medicines (if you need any)

Your country's flag and some traditional food, drinks, or clothes for the **International Evening**. The BEST spirit and maybe a camera to capture the joyful moments we will spend together

How to communicate with French people?

English	French	English	French
Hello, good morning	Bonjour	To eat	Manger
Goodbye	Au revoir	To sleep	Dormir
Do you speak English?	Est-ce que vous parlez anglais ?	Beer	Bière
Please	S'il vous plaît	Man / Woman	Homme / Femme
Thank you	Merci	My name is ...	Je m'appelle ...
Sorry	Désolé	What time is it?	Quelle heure est-il ?
Yes / No	Oui / Non	I (don't) know	Je (ne) sais (pas)
Welcome	Bienvenue	I (don't) understand	Je (ne) comprends (pas)
Name	Prénom	I agree with you	Je suis d'accord avec toi
Surname	Nom	Where are the restrooms?	Où sont les toilettes ?
City	Ville	How do you say... ?	Comment dites-vous ... ?
Passport	Passeport	I love you	Je t'aime
Day	Jour	I want a beer	Je voudrais une bière
Night	Nuit	Come with me	Viens avec moi
To drink	Boire	Where am I?	Où suis-je ?

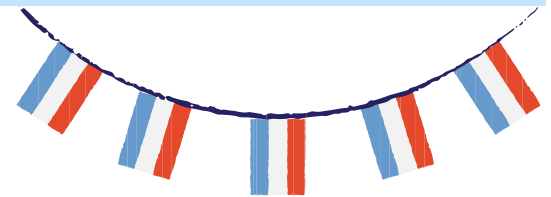
CONTACT

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You can follow us on Instagram:



And on linkedin:

<https://www.linkedin.com/company/best-ensam/mycompany/>

Public Transport

In Bordeaux you can either take the bus or the tramway.

If you come from the train station Gare Saint-Jean, you can take the tramway line D (or C it doesn't matter) to the stop "Quinconces" and then take the line B to "Arts et Métiers" (direction Pessac). Another option is to take the bus n°35 and stop at "Arts et Métiers".

If you come from Bordeaux Airport, you can take the tramway A and stop at "Hôpital Pellegrin" and then take the bus n°8 (direction "Gradignan centre") until the stop "Arts et Métiers".

A bus/tramway ticket costs 1,80€ and can be bought at terminals next to bus/tramway stops.

